

# NEWS RELEASE



*McLeod Country Golf Club*

[www.mcleodgolf.com.au/](http://www.mcleodgolf.com.au/)

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For immediate use

## **LOCAL GOLF CLUB PROVIDES CLINICS FOR BEGINNERS OF ALL AGES**

The popular game of golf is now more accessible to local residents than ever before, with McLeod Country Golf Club in Mt Ommaney offering a number of clinics starting early in the New Year to suit all ages and skill levels.

According to Richard Harris, owner of the McLeod Pro Shop and McLeod Country Golf Club coach, golf is a great alternative for kids who want to try something different to the usual popular sporting offerings of netball, swimming or rugby.

“Golf is actually a very beneficial sport for kids, because it offers valuable health benefits, improves hand-eye coordination, encourages interaction with others in a non-threatening environment and allows our children to enjoy and appreciate the great outdoors,” he said.

The first Junior Clinic of the year is scheduled to run over four week days in January school holidays, with a Saturday afternoon Junior Clinic during school terms, and, with small group numbers, creates the perfect environment for kids to learn the sport.

In addition, six month Beginners Groups for adults are also planned to begin in January, held on Thursdays and Saturdays.

President of McLeod Country Golf Club, Deborah Marsland, said the groups were very popular because they were a very “gentle” introduction to golf, led by members who played and were enthusiastic about it.

“Effectively, a group of four beginners and one seasoned golfing ‘buddy’ set off for a game of nine holes, during which time they learn the game in a social and relaxed atmosphere,” she said.

Official seven week clinics have also been scheduled for 2009 by the Pro Shop, with the first to start on 3 February, for those who want to learn the techniques of the game by a professional golfer.

McLeod Country Golf Club has recently celebrated its 40<sup>th</sup> anniversary, and remains the first and only golf club fully administered by women in Australia for the enjoyment of all its players.

Today women, men and children make up the 1000-plus membership, enjoying the strong camaraderie and fellowship as well as a challenging game of golf on the 18-hole course.

Membership is open year round. Bookings for all clinics can be made by contacting Mr Harris on 3376 3922.

Ends.

### **For further information:**

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